

# Fancy Firewalking?

Unleash the power within

for



Put your name forward for the shortest ever sponsored walk and step out for Age UK Peterborough. Walking barefoot across burning coals is an experience that will leave you completely exhilarated – it's just a case of mind over matter! The pre-firewalk seminar is the most inspirational journey you will every undertake; empowering you so that you will not allow any fear to inhibit your actions.

If you are interested, please contact Eileen on 07940 490313 or via email on [eileen@safelocaltrades.com](mailto:eileen@safelocaltrades.com)

## Charity Firewalk seminar

Thursday 19th September 2013

6pm to 9.30pm

The Retreat, Thorney,  
Peterborough PE6 0TS

Organised by



Recommended & Approved

